

Tower Digestive Health Medical Group

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UPPER ENDOSCOPY

Patient Instructions:

1. Please do not take any **ASPIRIN, MOTRIN, ADVIL, ALEVE, IBUPROFEN** (or other anti-inflammatory drugs) **PLAVIX, TICLID, VITAMIN E, GINKO BILOBA, ST JOHN'S WORT** or any **VITAMINS containing iron** for 7 days prior to procedure. Instructions regarding Coumadin should be supplied by your doctor. If you accidentally take one of the above medications call your doctor.
2. Day before procedure: Take nothing by mouth after midnight, no breakfast in the morning
3. You may take your regular medications from your doctor. For procedures before 9 a.m., it may be best to take medications afterward. Please ask for clarification from your doctor.
4. Do not drive yourself. Please be sure to have someone drive you to the Surgery Center and also take you home after the procedure. No Taxi Cabs, unless you are accompanied by someone you know.
5. Please be at _____ at _____ o'clock, on _____.