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INSTRUCTIONS FOR FLEXIBLE SIGMOIDOSCOPY PROCEDURE

The preparation for the SIGMOIDOSCOPY is quite simple. You can eat or drink up to the time of the procedure. You may also continue taking your regular medications, UNLESS you are scheduling this procedure with anesthesia. If anesthesia is being used, then you will need to fast after midnight and no medications are to be taken the morning of procedure. You will need to administer two (2) FLEET ENEMAS at home, two hours prior to arriving at your appointment. These can be purchased, without prescription (over-the-counter) at any pharmacy/drugstore.

PATIENT NAME: _____

DATE OF PROCEDURE: _____

TIME OF ARRIVAL: _____ PROCEDURE START: _____

LOCATION:

The Surgery Center of Beverly Hills

8750 Wilshire Blvd, Suite 150

Beverly Hills, CA 90211

(424)-382-1137

COVID-19 TESTING:

If a COVID-19 test is needed, Cedars-Sinai offers drive-thru testing. A test should be scheduled 3-5 days prior to your procedure. After talking to our office, please call (310)-423-4674 to schedule an appointment. Thank you!