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COLONOSCOPY INSTRUCTIONS WITH GOLYTELY PREPARATION

Patient Name:

Procedure Date:

Arrival time:

LOCATION

The Surgical Center of Beverly Hills
8750 Wilshire Blvd, Suite 150
Beverly Hills, 90211
(424)-382-1137

OTHER INSTRUCTION:

1. FOR SEVEN (7) DAYS PRIOR TO YOUR PROCEDURE PLEASE DO NOT TAKE ANY **Aspirin, Motrin, Advil, Aleve, Ibuprofen, anti-inflammatory medications, Ticlid, Ginko Biloba, St. John's wort, vitamin E, and vitamins containing iron.** Instructions for **Plavix, Coumadin, Eliquis, Aggrenox, Pradaxa** and **Xarelto** should be given by your primary doctor.
2. You may take high blood pressure and/or heart medication the morning of the procedure with a small sip of water, three hours prior to your scheduled procedure. Patients taking insulin must obtain instructions from your primary doctor.
3. Please arrange for a person that will be responsible for you, to drive you to the center and drive you home after your procedure. **DO NOT DRIVE YOURSELF.** No taxi cabs, car services, Uber, Lyft, or public transportations.

Please ensure you have a follow-up appointment 2-3 weeks after your procedure date.

****OVER****

DAY BEFORE EXAMINATION

Drink clear liquids **ONLY** the day before procedure. **NO SOLID FOODS.** The following is a list of clear liquids that you may have: water, apple juice, white cranberry juice, white grape juice, Gatorade (no red/blue/purple), tea, black coffee (no milk/creamer), chicken or vegetable broth, Jello (no red/blue/purple), ice popsicles (no red/blue/purple), soft drinks (no red/blue/purple), hard candy (no red/blue/purple).

HOW TO USE GOLYTELY

This product can be mixed with water, lemonade, cola, and drink with a straw. Read and follow all directions with the product package to mix this product. After mixing, place the container in the refrigerator until ready to drink. Chilling the mixed liquid will improve its taste. Do not drink with ice. It is best to drink the mixed liquid quickly instead of sipping slowly.

At 5:00pm, the day before procedure, start the Golytely prep. Drink one 8 oz glass every ten minutes until the container is empty. You may experience some side effects such as nausea, abdominal cramping and vomiting. If this happens, stop drinking the Golytely and wait 30 minutes then resume the prep.

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT INCLUDING WATER.

COVID-19 TESTING:

If a COVID-19 test is needed, Cedars-Sinai offers drive-thru testing. A test should be scheduled 3-5 days prior to your procedure. After talking to our office, please call (310)-423-4674 to schedule an appointment. Thank you!