

TOWER DIGESTIVE HEALTH MEDICAL GROUP

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PATIENT INSTRUCTIONS FOR COLONOSCOPY WITH MOVIPREP PREPARATION

Patient Name: \_\_\_\_\_

Procedure Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

LOCATION:

The Surgery Center of Beverly Hills  
8750 Wilshire Blvd, Suite 150  
Beverly Hills, CA 90211  
(424)-382-1137

Cedars Sinai Medical Ctr.  
GI Lab, South Tower  
8700 Gracie Allen Dr.  
Los Angeles, CA 90048  
310-423-6056

**ONE WEEK BEFORE PROCEDURE:**

Please do not take any ASPIRIN, MOTRIN, ADVIL, ALEVE, IBUPROFEN (or any other anti-inflammatory medications), TICLID, VITAMIN E, GINKO BILOBA, ST. JOHN'S WORT, VITAMINS CONTAINING IRON, PLAVIX, XARELTO, ELIQUIS, PRADAXA, SAVAYSA, BRILINTA, OR COUMADIN 7 days prior to the procedure. Instructions regarding PLAVIX, XARELTO, ELIQUIS, PRADAXA, SAVAYSA, BRILINTA, OR COUMADIN should be supplied by the physician who is following you on these medications. If you accidentally take one of the above medications, please call the office.

**DAY BEFORE PROCEDURE:**

1. NO SOLID FOOD ALL DAY BEFORE PROCEDURE, ONLY CLEAR LIQUIDS. You can have water, apple juice, white grape juice, white cranberry juice, black coffee, tea, Gatorade drinks, vegetable/chicken broth, gelatin, popsicles (both no red colored), soft drinks, and hard candy.
2. Follow instructions on the back of this page for mixing, preparing, and taking MOVIPREP.
3. You may experience discomfort, abdominal distention, abdominal pain, nausea, vomiting, and/or headache.
4. NOTHING BY MOUTH AFTER MIDNIGHT.

**OTHER INSTRUCTIONS:**

1. You may take high blood pressure and/or heart medications the morning of the procedure with a small amount of water. For insulin, please consult with your primary doctor for instructions.
2. **YOU WILL NOT BE ALLOWED TO DRIVE YOURSELF HOME AFTER THE PROCEDURE. TAXI CABS ARE NOT ALLOWED UNLESS SOMEONE IS ACCOMPANYING YOU. PLEASE MAKE ARRANGEMENTS PRIOR TO THE PROCEDURE.**
3. Confirm your procedure with our office 24-48 hours prior to scheduled procedure.

**OVER**

## PATIENT INSTRUCTIONS EVENING-ONLY DOSING

The MoviPrep® carton contains 4 pouches and a disposable container for mixing. You must complete the entire prep to ensure the most effective cleansing.

BEGIN FIRST DOSE AT 5:00pm

BEGIN SECOND DOSE AT 9:00pm



### STEP 1: MIX DOSE

- ▶ Empty 1 Pouch A and 1 Pouch B into the disposable container
- ▶ Add lukewarm drinking water to the top line of the container and mix

NOTE: You can mix solution ahead of time and refrigerate prior to drinking. The reconstituted solution should be used within 24 hours.



### STEP 2: DRINK DOSE

- ▶ The MoviPrep container is divided by 4 marks. Every 15 minutes, drink the solution down to the next mark (approximately 8 oz), until the full liter is consumed



### STEP 3: DRINK CLEAR LIQUIDS

- ▶ Drink 16 oz of the clear liquid of your choice. This is a necessary step to ensure adequate hydration and an effective prep

Clear liquids include: water, clear fruit juices without pulp, including apple, white grape, or white cranberry, strained limeade or lemonade, coffee or tea (do not use dairy or non-dairy creamer), clear broth, clear soda, gelatin (without added fruit or topping), and popsicles (without pieces of fruit or fruit pulp). Ask your doctor if you have any questions about whether a particular drink is acceptable.

**Follow steps 1-3 to complete first dose. Repeat steps 1-3 for second dose.**

If you have any questions, please call our office at 310-550-0400

A colonoscopy prep causes the body to lose a significant amount of fluid and can result in sickness due to dehydration. Stay hydrated by drinking all required clear liquids during the prep.

#### IMPORTANT SAFETY INFORMATION (CONT'D)

If you have a condition that destroys red blood cells called glucose-6-phosphate dehydrogenase (G6PD) deficiency, talk to your doctor before taking MOVIPREP.

Please be advised that MOVIPREP contains 131 mg of phenylalanine per treatment.

If you are pregnant or planning to become pregnant, talk to your doctor before taking MOVIPREP.

In clinical studies with MOVIPREP, the most common side effects for split dosing were malaise (feeling uneasy), nausea, stomach (abdominal) pain, vomiting, and upper stomach pain. The most common side effects for evening only dosing were stomach swelling (abdominal distension), anal discomfort, thirst, nausea, stomach (abdominal) pain, sleep disorder, rigors (body shakes), hunger, malaise (feeling uneasy), vomiting, and dizziness.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch/](http://www.fda.gov/medwatch/) or call 1-800-FDA-1088.

For product information, adverse event reports, and product complaint reports, please contact:

#### Salix Product Information Call Center:

Phone: 1-800-508-0024 | Fax: 1-510-595-8183 | Email: [salix@medcomsol.com](mailto:salix@medcomsol.com)

Please see complete Prescribing Information at [MOVIPREP.com](http://MOVIPREP.com).



Web site: [MoviPrep.com](http://MoviPrep.com) 8510 Cennade Center Drive, Raleigh, NC 27615 Tel: 866.669.SL.XP (7597)  
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**MoviPrep**

(P51-319) sodium sulfate, sodium citrate, potassium chloride, sodium ascorbate, and saccharin sodium oral solution, 100 g/13 g/2.001 g/1.015 g/5.3 g/4.7 g

# Scope Out Cancer