

**CAREY B. STROM, MD, FASGE**

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## UPPER ENDOSCOPY

Patient Name: \_\_\_\_\_

Procedure Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ Procedure Time: \_\_\_\_\_

Location: The Surgery Center of Beverly Hills  
8750 WILSHIRE BLVD, SUITE 150  
BEVERLY HILLS CA  
(424)-382-1137

**INSTRUCTIONS:**

DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE (THIS INCLUDES WATER). NO GUM AND NO SMOKING THE MORNING OF THE PROCEDURE.

For 7 days prior to your procedure DO NOT TAKE ASPIRIN, MOTRIN, ADVIL, ALEVE, IBUPROFEN OR OTHER ANTI-INFLAMMATORY MEDICATION, TICLID, GINKO BILOBA, ST. JOHN'S WORT, VITAMIN E OR VITAMINS CONTAINING IRON, XARELTO, ELIQUIS, PRADAXA, SAVAYSA, BRILINTA, COUMADIN AND PLAVIX. Instructions regarding Xarelto, Eliquis, Pradaxa, Savaysa, Brilinta, Coumadin, and Plavix should be supplied by your medical doctor who prescribed the medication. If you accidentally take one of the above medications, please call Dr. Strom's office.

You may take high blood pressure and/or heart medications the morning of the procedure with a tiny sip of water. For insulin, please consult with you primary doctor for instructions.

Please make arrangements to have someone drive you to and from the surgery center. Do not drive yourself. No taxi cabs, car services or Uber are allowed unless you are accompanied by someone you know and will take responsibility of you.

**COVID-19 TESTING:**

**If a COVID-19 test is needed, Cedars-Sinai offers drive-thru testing. A test should be scheduled 3-5 days prior to your procedure. After talking to our office, please call (310)-423-4674 to schedule an appointment. Thank you!**