

TOWER DIGESTIVE HEALTH MEDICAL GROUP

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PATIENT INSTRUCTIONS FOR COLONOSCOPY WITH CLENPIQ PREPARATION

Patient Name: \_\_\_\_\_

Procedure Date: \_\_\_\_\_ Arrival Time: \_\_\_\_\_

LOCATION:

Surgery Center of Beverly  
Hills. 8750 Wilshire Blvd Ste.  
150 Beverly Hills, CA 90211  
PH: (424)-382-1137

Cedars Sinai Medical Ctr.  
GI Lab, South Tower  
8700 Beverly Blvd  
Los Angeles, CA 90048  
PH: 310-423-6056

**ONE WEEK BEFORE PROCEDURE:**

Please do not take any ASPIRIN, MOTRIN, ADVIL, ALEVE, IBUPROFEN (or any other anti-inflammatory medications), TICLID, VITAMIN E, GINKO BILOBA, ST. JOHN'S WORT, VITAMINS CONTAINING IRON 7 days prior to the procedure. Instructions regarding PLAVIX, XARELTO, ELIQUIS, PRADAXA, SAVAYSA, BRILINTA, OR COUMADIN should be supplied by the physician who is following you on these medications. If you accidentally take one of the above medications, please call the office.

**DAY BEFORE PROCEDURE:**

1. CLEAR LIQUIDS UNTIL 12 MIDNIGHT. You can have water, apple juice, white grape juice, white cranberry juice, black coffee, tea, Gatorade drinks, vegetable/chicken broth, gelatin, popsicles (NO red/purple color), soft drinks, and hard candy.
2. At 5:00pm & 9:00pm start the ClenPiq. Follow the instructions on the reverse side of this page. You may experience some side effects such as nausea, headache, and vomiting. After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.
3. NOTHING BY MOUTH AFTER MIDNIGHT, including water.

#### **OTHER INSTRUCTIONS:**

1. You may take high blood pressure and/or heart medications three hours before the procedure with a small sip of water. For insulin, please consult with your primary doctor for instructions.
2. **YOU WILL NOT BE ALLOWED TO DRIVE YOURSELF HOME AFTER THE PROCEDURE. TAXI CABS OR OTHER CAR SERVICES ARE NOT ALLOWED UNLESS SOMEONE IS ACCOMPANYING YOU. PLEASE MAKE ARRANGEMENTS PRIOR TO THE PROCEDURE.**
3. Confirm your procedure with our office 24-48 hours prior to scheduled procedure.

## **Scope Out Cancer**

#### **COVID-19 PROTOCOL**

If you are having your procedure done at the **Surgery Center of Beverly Hills** and have been **fully vaccinated**, please **bring proof of vaccination** to your scheduled procedure. If you are **not fully vaccinated**, then a **COVID-19 test is required** 3 days prior to your procedure.

If you are having your procedure done at **Cedars Sinai Medical Center**, Cedars will contact you directly to schedule a **drive-thru COVID test** prior to your procedure.

## CLENPIQ

(sodium picosulfate, magnesium oxide,  
and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

## TAKING CLENPIQ

# STEPS TO COMPLETE THE PREP

## Day-Before-Dose Regimen

### Afternoon/Early Evening Before

# 5:00pm

Drink 40 oz (5 cups) of clear liquids.  
Finish liquids over the next 5 hours.

### Evening Before

# 9:00pm

Drink at least 24 oz (3 cups) of clear liquids over the next 3 hours.

Hydration is important and it's part of the prep. Make sure to hydrate before you take the prep, while you're taking the prep, and after the prep.

*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve. Please see reverse page for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.*

#### INDICATION

CLENPIQ is a prescription medicine used by adults to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

#### IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation) a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric secretion).
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure) or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).