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INSTRUCTIONS FOR FLEXIBLE SIGMOIDOSCOPY PROCEDURE

The preparation for the SIGMOIDOSCOPY is quite simple. You can eat or drink up to the time of the procedure. You may also continue taking your regular medications, UNLESS you are scheduling this procedure with anesthesia. If anesthesia is being used, then you will need to fast after midnight and no medications are to be taken the morning of procedure. You will need to administer two (2) FLEET ENEMAS at home, two hours prior to arriving at your appointment. These can be purchased, without prescription (over-the-counter) at any pharmacy/drugstore.

PATIENT NAME: _____

DATE OF PROCEDURE: _____

TIME OF ARRIVAL: _____ PROCEDURE START: _____

LOCATION:

SURGERY CENTER OF BEVERLY HILLS
8750 Wilshire Blvd., Ste. 150
Beverly Hills, CA 90210
(424)-382-1137

CEDARS SINAI MEDICAL CENTER
South Tower - GI LAB - 7th Floor
8700 Beverly Boulevard
Los Angeles, CA 90048
(310) 423-6146

COVID-19 PROTOCOL

If you are having your procedure done at the **Surgery Center of Beverly Hills** and have been **fully vaccinated**, please **bring proof of vaccination** to your scheduled procedure. If you are **not fully vaccinated**, then a **COVID-19 test is required** 3 days prior to your procedure.

If you are having your procedure done at **Cedars Sinai Medical Center**, Cedars will contact you directly to schedule a **drive-thru COVID test** prior to your procedure.