



# "Digest This"

A monthly newsletter from Dr. Carey Strom, MD, FASGE

**September 6, 2022**

**My dear patients:**

Time goes by fast, life changes, and sometimes we forget if we are due for our colonoscopy. It is important to stay on top of your colon cancer screening! Studies suggest that colonoscopies' reduce deaths from colorectal cancer by 60-70%.

Colon cancer begins as an abnormal growth, called a polyp. During a colonoscopy, we can detect and remove polyps before they develop into cancer. It is by far the most comprehensive screening method for colon cancer and detects cancer earlier than any other test!

Colonoscopies are very important because when caught early colon cancer is highly treatable. Colon cancer in early stages is over 90% treatable. People rarely experience symptoms in early stages so it is essential to stay up to date with your colonoscopies.

It has come to our attention that some patients have not received their colonoscopy and/or endoscopy recalls. If you think this includes you, please call our office. We will gladly check when you are due! If you have had an address change in the last five years please call our office to update.

**Scope out cancer!**

As always, if you have any questions or comments, please do not hesitate to contact our office.

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If you liked our newsletters or would like to hear about another topic, please let us know!

[Google Review](#)

[Healthgrades Review](#)

[Yelp Review](#)

Many patients have been apprehensive about routine health maintenance during the pandemic despite our vigilant safety protocol. We understand! Therefore, you have the option of telemedicine visits. Our office has been 100% fully vaccinated. When you schedule your visit in-person, we have you wait outside on the plaza level until the examination room is open for you to enter so you don't have to wait in the waiting room. Also, feel free to call our office to see if you are up-to-date on your health maintenance, including colonoscopy and/or upper endoscopy.

As per your request, we have updated our website and now have the option to facilitate online bill payments, which can be accessed by clicking the link below or going to our website at <http://doctorstrom.com/contact-us/> and then scroll down to the "Pay Now" button. On our website, you can also make appointments, sign-up your friends/colleagues/family members for our newsletter, and download required patient registration forms to make your visit more efficient.

- <http://doctorstrom.com/contact-us/>

We have updated our database and we would prefer if you go to our website and click the "Patient Form" tab and fill out the forms on "Welcome to Our Practice, New Patient Form Registration, and Telehealth Form Consent," and either scan them to us at [info@doctorstrom.com](mailto:info@doctorstrom.com) or fax to us at (310)-285-0482.

If you know someone that did not receive our newsletters or updates and would like to receive them, please let us know at [info@doctorstrom.com](mailto:info@doctorstrom.com). This email address is informational only, and not intended for medical advice.

Warm regards,

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