

CAREY B. STROM, MD, FASGE

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www.doctorstrom.com

UPPER ENDOSCOPY

Patient Name: _____

Procedure Date: _____

*Arrival Time: _____ *Procedure Time: _____

**ADVANCED SURGICAL CENTER
OF BEVERLY HILLS
8750 Wilshire Blvd Suite 150
Beverly Hills, CA 90211
(424) 382-1137**

**CEDARS SINAI MEDICAL CENTER
South Tower - GI LAB - 7th Floor
8700 Beverly Blvd
Los Angeles, CA 90048
(310) 423-6146**

****PLEASE NOTE THAT PROCEDURE TIMES MAY CHANGE DEPENDING ON CANCELLATIONS AND SURGERY CENTER AVAILABILITY***

INSTRUCTIONS:

DO NOT EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE YOUR PROCEDURE (THIS INCLUDES WATER). NO GUM AND NO SMOKING THE MORNING OF THE PROCEDURE.

For 7 days prior to your procedure DO NOT TAKE ASPIRIN, MOTRIN, ADVIL, ALEVE, IBUPROFEN OR OTHER ANTI-INFLAMMATORY MEDICATION, TICLID, GINKO BILOBA, ST. JOHN'S WORT, VITAMIN E OR VITAMINS CONTAINING IRON, XARELTO, ELIQUIS, PRADAXA, SAVAYSA, BRILINTA, COUMADIN AND PLAVIX.

Instructions regarding Xarelto, Eliquis, Pradaxa, Savaysa, Brilinta, Coumadin, and Plavix should be supplied by your medical doctor who prescribed the medication. If you accidentally take one of the above medications, please call Dr. Strom's office.

You may take high blood pressure and/or heart medications the morning of the procedure with a tiny sip of water. For insulin, please consult with you primary doctor for instructions.

Please make arrangements to have someone drive you to and from the surgery center. **Do not drive yourself.** No taxi cabs, car services or Uber are allowed unless you are accompanied by someone you know and will take responsibility of you.

COVID-19 PROTOCOL:

If you are having your procedure done at the Surgery Center of Beverly Hills and have been fully vaccinated for Covid-19, please bring proof of vaccination to your scheduled procedure. If you have not been fully vaccinated, then a Covid-19 test is required 3 days prior to your procedure.

If you are having your procedure done at Cedars Sinai Medical Center, Cedars will contact you directly to schedule a drive-through test prior to procedure.